Exercise C-3: Choosing the Right Hearing Protection

Learning objective: By the end of this exercise, participants should be familiar with resources available to help them work safely.

TEACHING MATERIALS:
- Choosing the Right Hearing Protection Handout
- The hearing protection participants will be required to use that day *(If used as a training exercise)*

Handouts (available in Appendix):
- Choosing the Right Hearing Protection (C-C)
- When and What of Hearing Protection (C-A)

INSTRUCTOR NOTE:

This can be used as a training activity, or can simply be handed out to workers as a reference. If used as an activity, hearing protection appropriate for the hands-on training that will be taking place should be demonstrated.

The handout “Choosing the Right Hearing Protection” is meant to reinforce why use of the hearing protection in use during the hands-on training is needed. The handout “When to Use Hearing Protection” is intended as a takeaway that trainees can use as a reference.