

The NIOSH-NORA Construction Sector Council Struck-By Work Group Presents a Two-Part Series on Head Protection in the Construction Industry...

October 15th 2:00 PM ET Head Protection in the Construction Industry – The Basics

October 31st 2:00 PM ET Selection and Practical
Use of Head Protection in
the Construction Industry

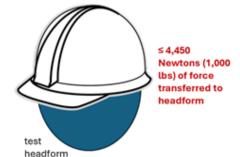
FORCE TRANSMISSION TESTING

= Approximately
55 joules of force

3.6 kg (8 lbs) or anvil

Velocity = 5.5 m/s (18 ft/s)

Figure 1: TYPE I & TYPE II



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Housekeeping

- Today's webinar will be recorded and automatically shared via follow-up email.
- The recording and slides will also be posted on <u>cpwr.com/webinars</u>.
- Attendees are automatically muted! Please submit panelist questions via the Q&A box.
- Spanish audio is available via simultaneous interpretation

Simultaneous Interpretation

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- 2. Click the language that you would like to hear.
- 3. (Optional) To hear the interpreted language only, click Mute Original Audio.

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- 2. Tap Language Interpretation.
- 3. Tap the language you want to hear.
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- Click **Done**.

Notes:

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Head Protection in the Construction Industry – The Basics

October 15, 2024

Panelists:

- Bradley Sant, Senior Vice President, Safety and Education, American Road & Transportation Builders Association (ARTBA)
- **Srinivas Konda, MPH**, Epidemiologist, Division of Safety Research, National Institute for Occupational and Safety and Health (NIOSH)
- **Diana Jones**, Senior Director, Technical Programs and Development, International Safety Equipment Association (ISEA)
- Rosa Greenberg, MPH, Research Analyst, Research to Practice Program, CPWR The Center for Construction Research and Training (CPWR)
- Brady Robinette, Lieutenant, Lubbock Fire Rescue
- Douglas Trout, MD, NIOSH Office of Construction Safety and Health



Burden of Traumatic Brain Injuries in the U.S. Construction Industry

Srinivas Konda
National Institute for Occupational Safety and Health

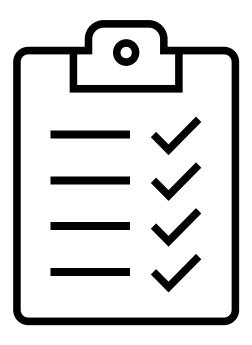
October 15, 2024

Webinar: Head Protection in the Construction Industry – The Basics

CPWR- The Center for Construction Research and Training

Agenda

- Traumatic brain injury (TBI) definition
- Burden of work-related TBIs
 - Fatal
 - Nonfatal
 - Costs
- Summary



What is a Traumatic Brain Injury (TBI)*?

- A brain injury resulting from an external force:
 - Bump
 - Blow
 - Jolt
 - Penetrating Injury
- Impact on brain function
- Mild, moderate, and severe TBIs



Photo credit: Getty

^{*} Marr, A.L., and Coronado, V.G. (Eds.). (2004). Central nervous system injury surveillance data submission standards—2002. Atlanta, GA: Centers for Disease Control and Prevention, National Center for Injury Prevention and Control.

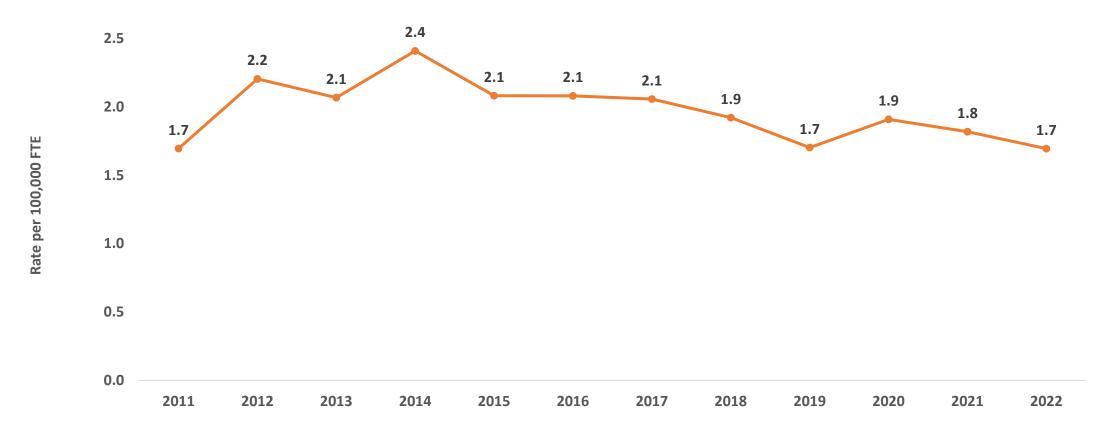
Work-related fatal TBIs*, construction, 2011-2022

- Total: 2,429 (Average per year: 202)
- Rate: 2.0 per 100,000 full-time equivalent (FTE) workers
- These TBIs in construction accounted for:
 - **21%** of total 11,732 construction fatalities
 - 27% of total 9,117 work-related fatal TBIs across all industries



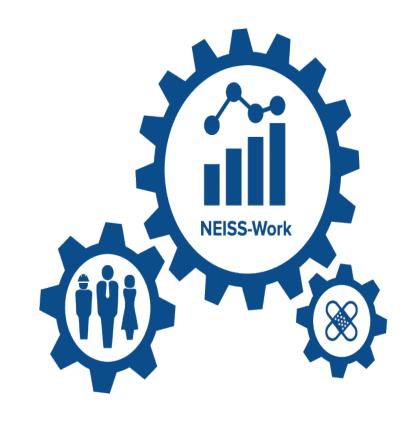
Photo credit: Getty

Annual rates of work-related fatal TBIs, construction, 2011-2022



Nonfatal work-related TBIs* treated in emergency departments (EDs), construction, 2015-2021

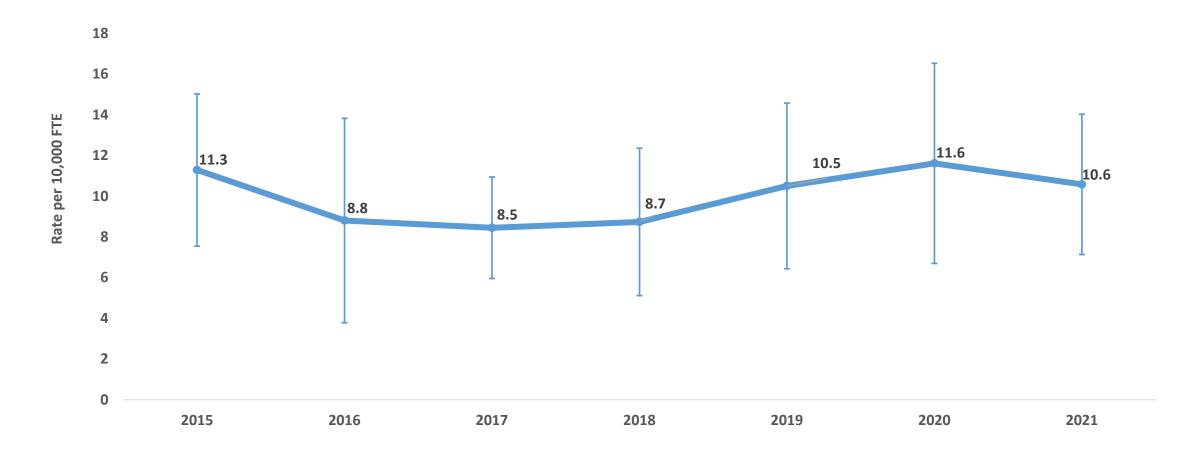
- Total number: 75,600 (95% CI: ±26,100)
 - Annual average: 10,800 (95% CI ± 4,300)
- Rate: 10 (95% Cl ±3.5) per 10,000 FTE workers
- These nonfatal TBIs in construction accounted for:
 - **4%** (95% CI ±1%) of total (1,770,200 (95% CI ± 673,900)) construction nonfatal injuries/illnesses
 - 9% (95% CI ±2%) of total (825,800 (95% CI ± 158,600)) nonfatal TBIs across all industries



Sources: National Electronic Injury Surveillance System - Occupational Supplement (NEISS-WORK); Labor force data for rate calculations: Current Population Survey (CPS)

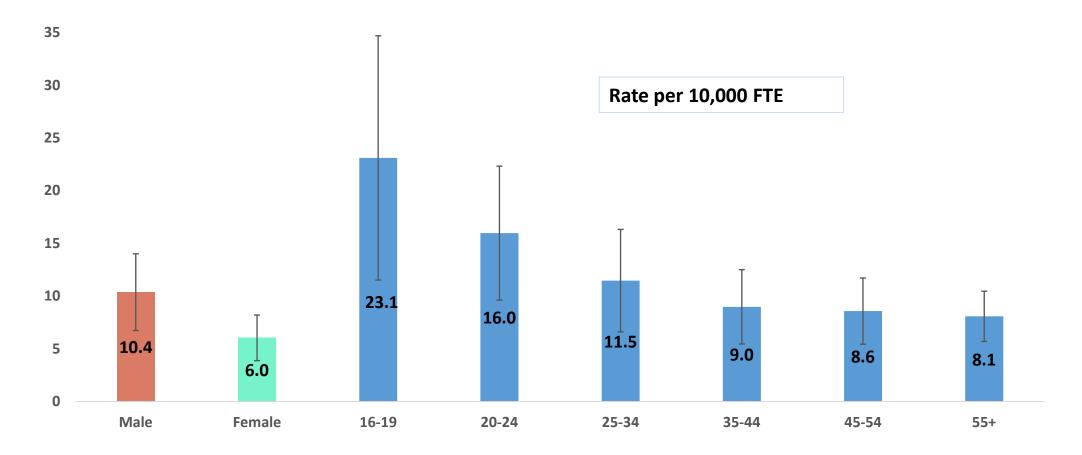
*NEISS-Work does not have a specific TBI case identification methodology; thus, the TBI definition applied is a diagnosis of concussion, fracture, or internal organ injury, and the injured body part is the head (Konda S, Reichard A, Tiesman HM, Hendricks S. Non-fatal work-related traumatic brain injuries treated in US hospital emergency departments, 1998-2007. Inj Prev. 2015 Apr;21(2):115-20. doi: 10.1136/injuryprev-2014-041323).

Annual rates of nonfatal work-related TBIs treated in EDs, construction, 2015-2021



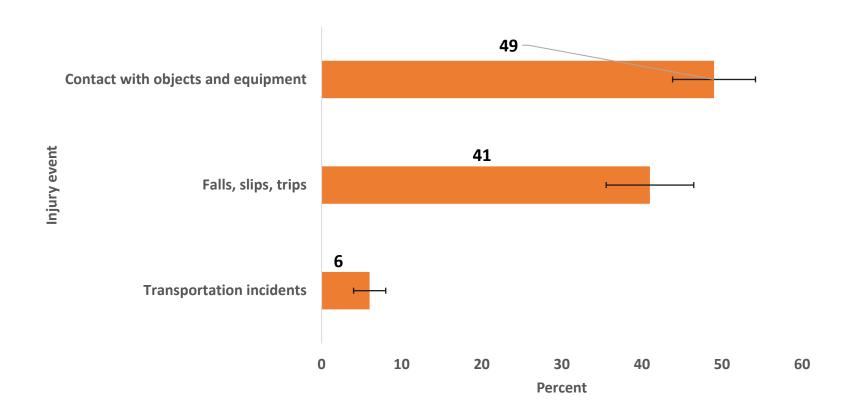
Sources: National Electronic Injury Surveillance System - Occupational Supplement (NEISS-WORK); Labor force data for rate calculations: Current Population Survey (CPS); The error bars represent 95% confidence intervals.

Rate of nonfatal work-related TBIs treated in EDs by sex and age group, construction, 2015-2021

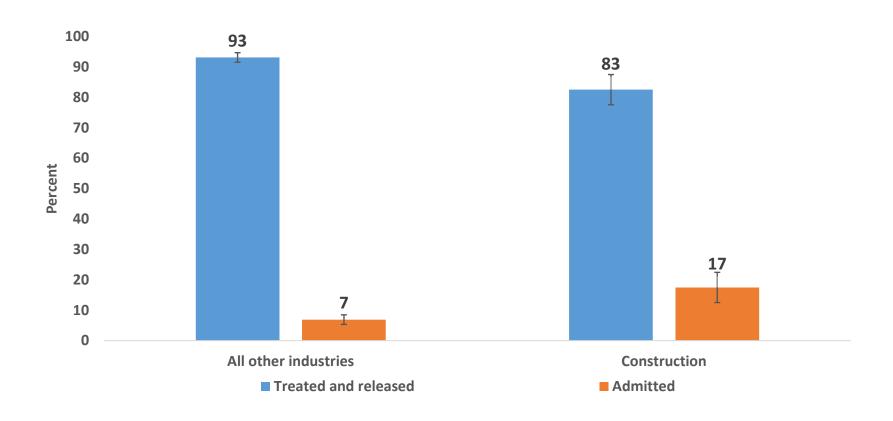


Sources: National Electronic Injury Surveillance System - Occupational Supplement (NEISS-WORK); Labor force data for rate calculations: Current Population Survey (CPS); The error bars represent 95% confidence intervals.

Nonfatal work-related TBIs in construction treated in EDs by event of injury, 2015-2021



Disposition of work-related nonfatal TBIs treated in EDs: construction vs. all other industries combined, 2015-2021



Costs of work-related TBIs

- National Council on Compensation Insurance (NCCI)
 - TBI claims for all industries (2013-2018)*:
 - Ave total costs per TBI claim: \$136,000
 - Ave lost-time costs per any injury claim: \$51,000



- Mega claims (> \$3 million; 2001-2017)**
 - Brain and Head Injuries for all industries:
 - 17% were \$3-5 million; 27% were \$5-10 million; 30% > \$10 million
 - Mega claims over \$10 million primarily arise from the construction industry, especially due to severe head and brain injuries

^{*}National Council on Compensation Insurance: Traumatic Brain Injuries in Workers Compensation - Associated Medical Services and Costs

^{**}National Council on Compensation Insurance: Country Mega Claims. Obtained from: ncci.com/Articles/Pages/II_Country-Wide-Mega-Claims-Report-2020-BureauReady.pdf

Summary

Prevalence of TBIs

- A considerable number of fatal TBIs were reported in construction sector

Hospitalization

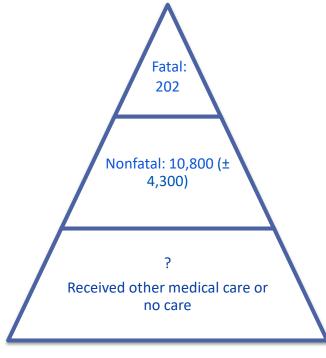
- Construction workers with TBIs are more likely to be hospitalized than those in other industries

Cost Implications

- The financial burden of TBI claims can be substantial

Limitations exist in the data systems

- Lack of ICD diagnosis codes: missed or misclassified TBIs (e.g., internal organ injuries to the head (NEISS-Work); undercounts.



Annual work-related TBIs in construction

Thank You

Srinivas Konda Email: skonda@cdc.gov

The findings and conclusions in this presentation are those of the authors and do not necessarily represent the official position of the National Institute for Occupational Safety and Health, Centers for Disease Control and Prevention.





HEAD PROTECTION
The Basics
OCTOBER 15, 2024

ANIS/ISEA Z89.1 - What to Know

Diana Jones, Sr. Director of Technical Programs

Who is ISEA?

Nonprofit trade association based in Arlington, VA

- Develops and publishes ANSI/ISEA standards for PPE (ANSI/ISEA Z89.1-Industrial Head Protection)
- Advocates for the safety equipment industry
- **Provides market insights**, industry action, and education

100 PPE Manufacturer Member CompaniesANSI/ISEA Standards





Head Protection is Evolving

Innovations & Advancements

- Enhanced Design and Materials
 - Lighter, more durable, and offer greater protection
- Integrated Features Adding additional functionality to safety gear
- Increased Comfort Wearable for longer periods of time





Misunderstanding Head Protection Terminology

Hard Hats vs. Safety Helmets: Different Styles

• Low Understanding: difference between hard hats and safety helmets, significant confusion persists.

 Hard hats, safety helmets are different styles of head protection

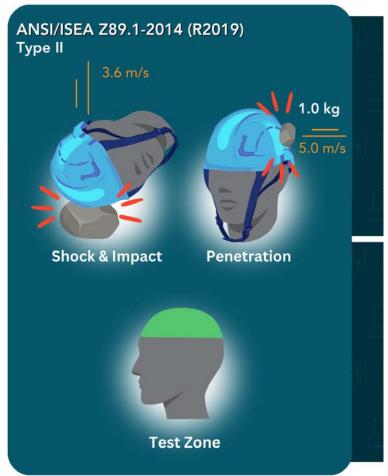


72% of respondents believe they understand the differences between hard hats and safety helmets.

When it comes to head protection, it's essential to select the appropriate type and class of head protection for the specific work environment and potential hazards. While they're widely used by the industry, terms like "hard hat" or "safety helmet" aren't currently defined in ANSI/ISEA Z89.1. Further complicating matters, styles vary by manufacturer and are constantly evolving. You can't simply look at a piece of head protection and know what level of protection it offers. To pick the right protection for the job at hand, read the label. For more information, click here.

Misunderstanding Head Protection Terminology

Hard Hats vs. Safety Helmets: Features & Protection



- Features Oversimplification: perceive safety helmets offer more modern safety features
- Impact Protection Misconception: only safety helmets offer impact protection on all sides (top, sides, front, and back).

 In reality, both hard hats and safety helmets can provide this level of protection when designed to meet Type II standards

Misconceptions About Standards

ANSI/ISEA Z89.1 vs. EN 12492

• Standards Confusion: One offers more protection over the other, reflecting a misunderstanding of the scope and applicability of these standards.

OSHA Standard – 1910.135



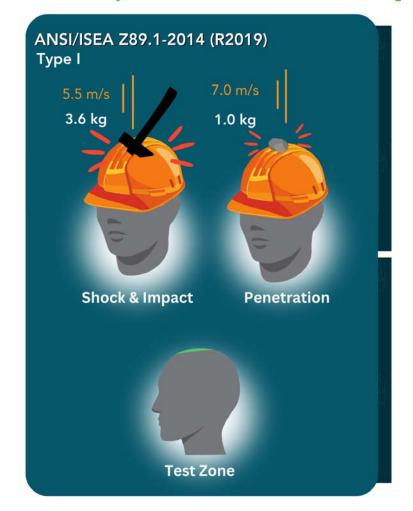
Head Protection

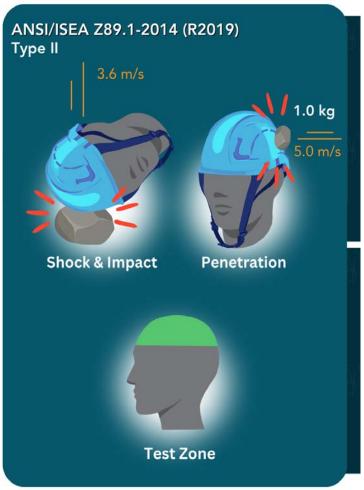
ANSI/ISEA Z89.1-2014 (R2019)

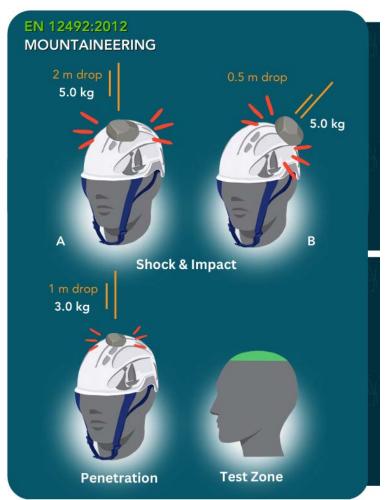
American National Standard for Industrial Head Protection

Addressing Misconceptions

ANSI/ISEA Z89.1 - Type I; Type II vs. EN 12492









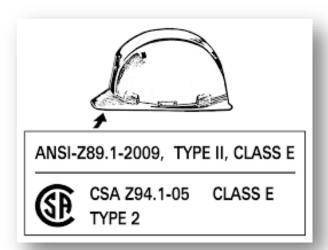


Addressing Misconceptions

Know the Facts:

Choosing the Right **Head Protection**

Read the label







What's Next for Industrial Head Protection - ANSI/ISEA Z89.1

Expected Publication 2025

Key (pending) Updates not final until ANSI approval

Additional criteria for added protection, identified by a plus (+) marking

Available for Type I and Type II and for Class E, C or G

- Type I additional criteria:
 - Shock absorption
 - Penetration
 - Chin Strap mandatory
 - Retention System Effectiveness (Roll Off)
- Type II additional criteria:
 - Chin Strap mandatory
 - Retention System Effectiveness (Roll Off)





Contact Info

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ABOUT ISEA

ISEA is the voice of the safety equipment industry. For 90 years, we have been a recognized leader in the development of ANSI-accredited safety equipment standards. We advocate on behalf of the industry for policies that improve worker safety, deliver actionable insights on the safety equipment market, develop critical skills for safety sales professionals, and provide a unique forum for collaboration, learning, and growth.



safetyequipment.org

A Guide to Selecting Head Protection for Construction Work

Rosa Greenberg, MPH
Research Analyst
Research to Practice
CPWR – The Center for Construction Research and Training
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Agenda

CPWR Expert Evaluation Panel on Head Protection

Outline of new head protection resource

Limitations of existing standards

Factors to consider when selecting head protection



Expert Evaluation Panel on Head Protection Goals



- Since 2023, CPWR has convened experts from academia, labor, government, manufacturing, and others to participate in an expert evaluation panel on head protection
- Goals:
 - 1. Assess industry awareness and adoption of ANSI/ISEA Z89.1 Type II protective headgear with and without chin straps over time;
 - 2. Establish and disseminate recommendations for use of protective headgear.



Expert Evaluation Panel Process

- 25 panel members
- Iterative process based loosely on the Delphi Method, a systematic process to achieve a reliable consensus among a panel of experts
- Progress as of October 2024:
 - 5 meetings held
 - 4 questionnaires distributed and analyzed
 - 1 resource developed and published



Selecting Head Protection for Construction Work



Selecting Head Protection for Construction Work

A traumatic brain injury (TBI) is an injury that affects how the brain works. It can be caused by a bump, blow, jolt, or penetrating injury to the head. TBIs can be mild, but more serious TBIs can lead to disability and even death.¹

Based on historical data, over 50,000 nonfatal work-related TBIs are treated on average annually in United States (US) emergency departments.² Nonfatal TBIs can be life-altering events; 43% of hospital patients treated for a TBI did not attend ordinary work for five years after their injury, which means these individuals were receiving a social transfer payment such as sickness absence benefits, experiencing short- or long-term sickness, or had died.³ Among all US industries, construction has the highest number of both nonfatal² and fatal work-related TBIs. Between 2003 and 2010, 2,210 construction workers died from a TBI. These deaths represented 25% of all construction fatalities and 24% of work-related TBI fatalities among all industries during the same period.⁵ More recent data show a similar pattern, with 2,297 fatal intracranial injuries in construction from 2015 to 2022.⁶

Construction workers are at higher risk for TBIs because, in their work environment, they may be struck by falling or flying objects and may experience different kinds of slips, trips, and falls – from falls on the same level to falls from ladders and equipment to falls from multi-story buildings or scaffolding dozens of feet in the air. Over a third of all nonfatal work-related TBIs are attributed to falls, and among workers 55 years and older, the majority result from same level falls.² When it comes to fatal work-related TBIs, more than half are caused by falls, especially from roofs, ladders, and scaffolds.⁵

Wearing protective headgear, such as a hardhat or safety helmet, is essential for reducing the risk of a TBI. A study by Kim et al. found individuals who had a work-related fall and were wearing a safety helmet were less likely to have head injuries compared to individuals who were not wearing a safety helmet. Protective headgear should be selected based on your trade, type of work, and work environment. Rather than recommending a one-size-fits-all solution, the goal of this guidance document is to provide you with information on types of protective headgear, factors to consider, and additional resources.

Acknowledgements

CPWR – The Center for Construction Research and Training would like to thank its <u>Expert Evaluation Panel on Construction Headgear</u> for their feedback throughout the inception and development of this document. In 2023, CPWR convened experts from academia, labor, government, manufacturing, and others to participate in an evaluation panel on the use of safety helmets with chin straps versus traditional hardhats. The goal of this expert evaluation panel was to: (1) assess industry awareness and

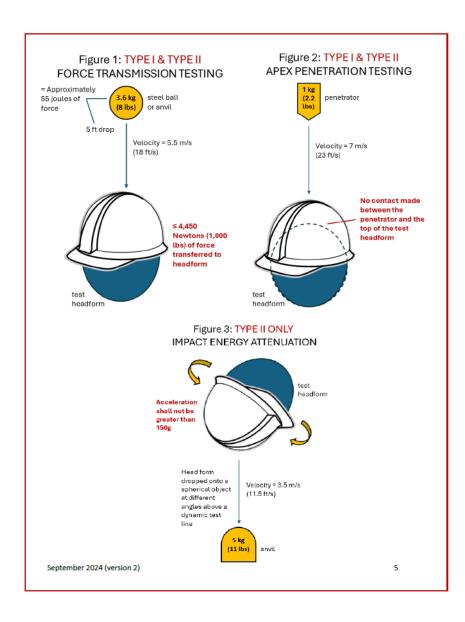


September 2024 (version 2)

- Resource produced by the Expert Evaluation Panel
- Provides an overview of key issues in head protection to help inform stakeholders about how to make the best decision about head protection for their needs
- Released in March 2024; updated in September 2024
- Available in English and Spanish



Selecting Head Protection for Construction Work



Sections:

- Hardhats vs. Safety Helmets: What's the Difference?
- ANSI/ISEA Z89.1 Type I vs. Type II Headgear: What's the Difference?
- Key Elements of ANSI/ISEA Z89.1 Type I & II Testing for Industrial Head Protection
- Limitations in Testing Standards
- Additional Testing for Headgear
- Making Your Selection: Primary Factors to Consider

RESEARCH AND TRAINING

Limitations to ANSI/ISEA Z89.1 Standard

Limitations recognized in the ANSI/ISEA Z89.1:

- Protective headgear that passes testing standards should "never be viewed as a substitute for good safety practices and engineering controls."
- "Protective helmets reduce the amount of force from an impact blow but cannot provide complete head protection from severe impact and penetration. Helmets that meet this standard provide limited protection but should be effective against small tools, small pieces of wood, bolts, nuts, rivets, sparks and similar hazards."

Additional Limitation: No third-party testing or certification required

- No oversight of testing and no third-party certification requirements like those found in government regulations.
- Consider talking to your manufacturer about their testing methods and results. You can request a Certificate of Compliance and/or a Declaration of Conformity

Making Your Selection: Job Hazard Analysis

The first step in deciding what protective headgear to purchase or wear is conducting a job hazard analysis (JHA), job safety analysis (JSA), or risk assessment.

The level and type of protection needed, along with stylistic choices and accessories, is influenced by the tasks being done and the work environment.

Consult CPWR's <u>Pre-Task Planning</u> Guidelines and Resources.





Primary Factors to Consider



Work at Heights



Slips, Trips, and Falls at the Same Level



Struck-By Hazards



Weather and Temperature



Visibility Needs



Use of Accessories



Electrical Hazards



Fit and Comfort





Thank you!

Rosa Greenberg, MPH
Research Analyst
Research to Practice
CPWR – The Center for Construction Research and Training

rgreenberg@cpwr.com



E54 Committee on Homeland Security Applications

Specification for Protective Helmets Worn by Pedestrian Roadway Workers

Brady Robinette

Lubbock Fire Rescue brady.d.Robinette@gmail.com

Opposing Lane – Struck by



Who This Standard is For

Fire Police

Towing/ Recovery

Law Enforcement

Mobile Vehicle Maintenance Safety Service Patrols

Department of Transportation

Emergency Medical Services

Fire

Service

Roadway
Construction
& Maintenance





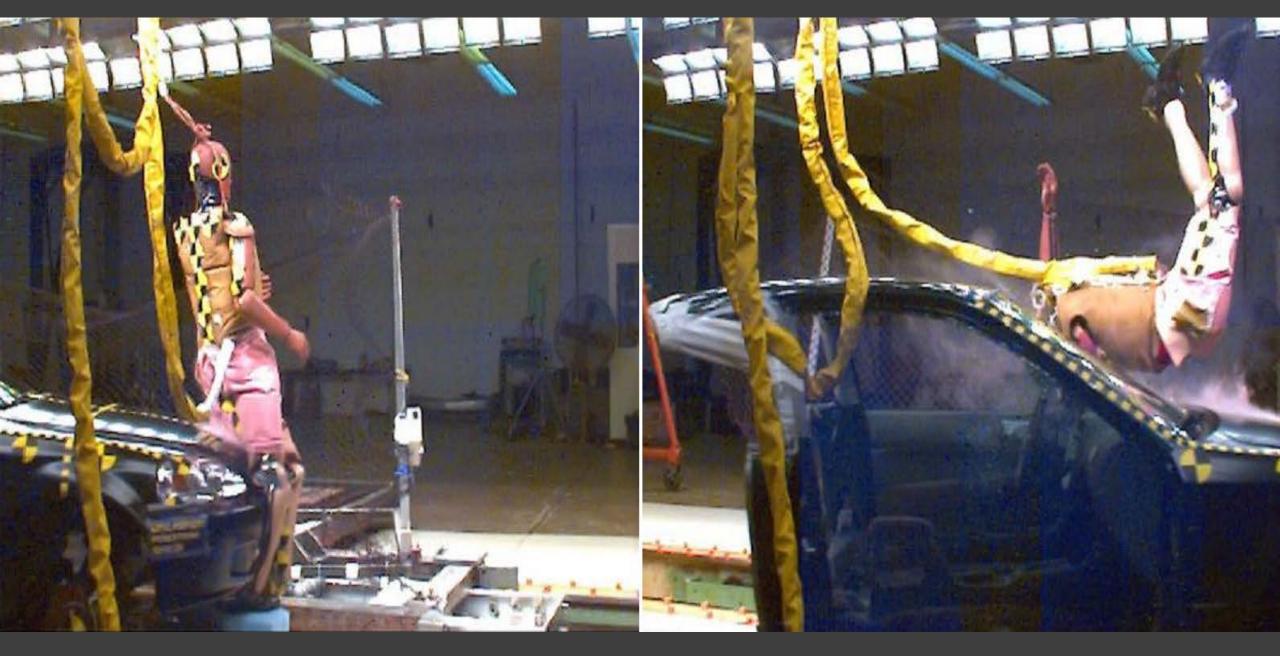


Photo Credit: National Highway Traffic Safety Administration

Webbing Suspension Systems

vs Foam Impact Liners

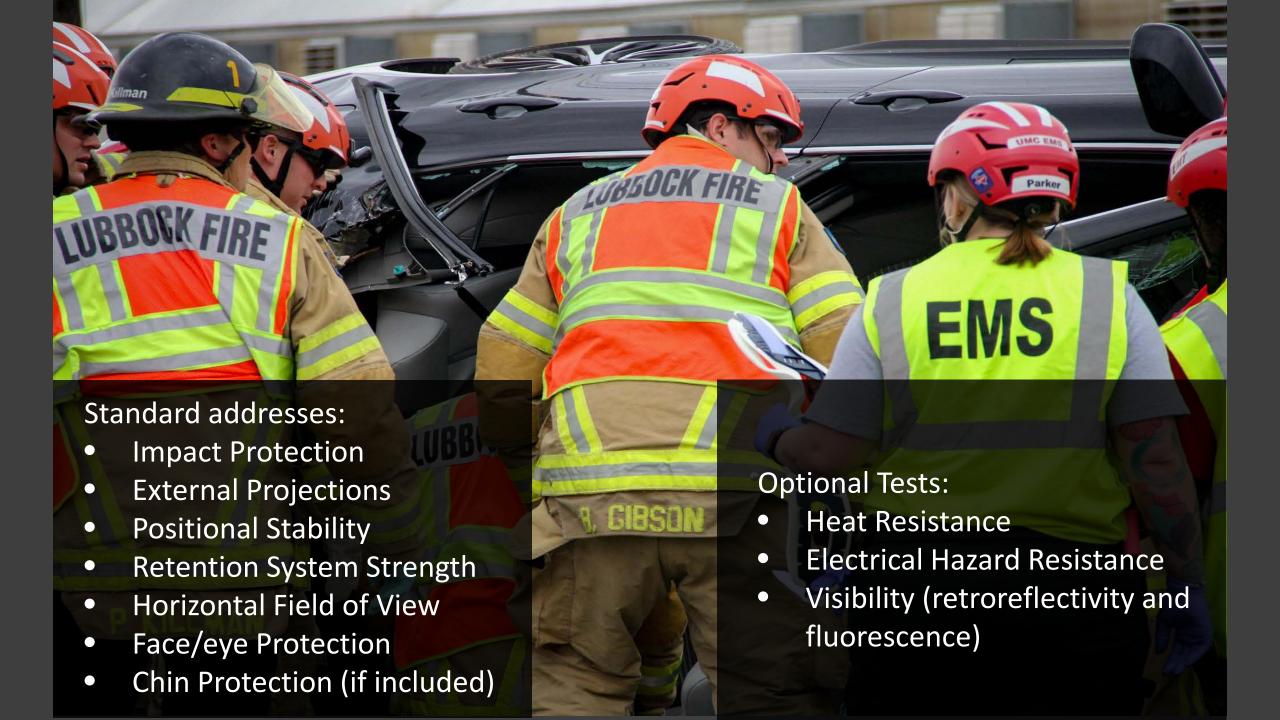




Flying Roadway Debris





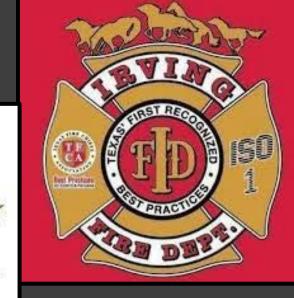


















QUESTIONS?

Recordings and resources will be made available on cpwr.com/webinars

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