

# Supervisor and Foreman Training



## What is the **FSL** course?

The Foundations for Safety Leadership (FSL) course introduces construction workers with supervisory responsibilities to critical safety leadership skills and provides specific actions they can take to be an effective safety leader.

The FSL course was developed collaboratively by construction industry experts, including experienced OSHA 10- and 30-hour outreach trainers, construction workers, safety and health professionals, as well as leadership, safety climate, and instructional design specialists.

During the FSL course, foremen and lead workers get the opportunity to apply the safety leadership skills they learn to real-world construction-based scenarios.

## How does the FSL course help with **Manual Materials Handling** ?

Using the introduction and 3 manual materials handling specific scenarios, the FSL course helps supervisors and foreman become safety leaders.

### Using the FSL course with MMH

We recommend completing the following sections of the FSL course to help create safety leaders in manual materials handling:

- Introduction
- Scenario 4: Gimme Some Space...
- Scenario 6: Do We Have to??
- Scenario 7: Fritz Takes a Shortcut

“The thing I took out of it is that three-way communicating. You know, having the people speak explain back to you what you told them. I mean, that really has helped a lot. Instead of just giving somebody some information, sending them off blindly to do the job, and then you know, getting mad ‘cause they didn’t do it right.”

- Foreman describing the FSL course

### FSL Course Materials

Download the full course free of charge at:

<https://cpwr.com/foundations-safety-leadership-fsl>

### FSL Course Details

- 2.5 hours
- Covers the costs of poor leadership, benefits of good leadership, & 5 safety leadership skills
- Can be taught as:
  - An elective in the OSHA 30-hour course
  - A stand-alone course
- Course materials include:
  - Instructor and student guides
  - PowerPoint presentation
- Three teaching modes to teach scenarios: Videos, Role-plays, Readings
- Hardhat sticker
- Pocket reference card

The FSL course files are very large. If you would prefer to have a flash-drive sent to you please contact CPWR at (301) 578-8500 or [swilson@cpwr.com](mailto:swilson@cpwr.com).