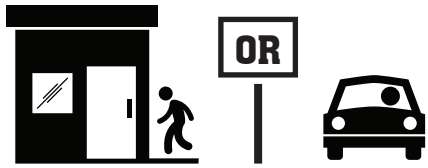


What should you do if you hear **THUNDER**?

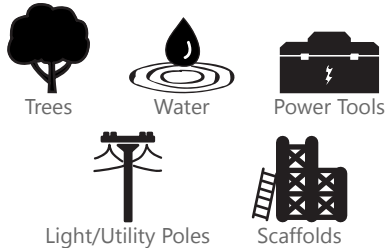
Get into an enclosed building



Do not stand out in the open



Avoid objects that conduct electricity



Squat down if you're in the open



Squat down and cover your ears. Only let your feet touch the ground.

Learn More

- ▶ **Regulations: OSHA 29 CFR 1926.35**
<https://tinyurl.com/OSHA-Lightning>
- ▶ **CPWR Toolbox Talk: Lightning Protection**
<https://www.cpwr.com/sites/default/files/publications/TT-Lightning.pdf>
- ▶ **CPWR Lightning Hazard Alert:**
<https://www.cpwr.com/sites/default/files/publications/Lightning-Hazard-Alert.pdf>
- ▶ **CPWR Construction Solutions:**
<http://www.cpwrconstructionsolutions.org/search.php?q=lightning>

Follow your employer's Emergency Action Plan

This includes written lightning safety procedures like identifying locations and requirements for safe shelter.

Prepare for injuries



Call 911.



Perform CPR if victim has no pulse.



Use a portable defibrillator if there is one. Follow the instructions.

Your life is not a game. Take these precautions. They can save your life.